





SPANISH COURSES

CUENCA | SPAIN

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WHY CUENCA

Historic Walled Town of Cuenca

When the Muslims captured the area in 714, they soon realized the value of this strategic location and they built a fortress (called Kunka) between two gorges dug between the Júcar and Huécar rivers, surrounded by a 1 km-long wall. Built in a defensive position at the heart of the Caliphate of Cordoba, Cuenca is an unusually well-preserved medieval fortified city between Madrid and Valencia. Conquered by the Castilians in the 12th century, it became a royal town and bishopric endowed with important buildings, such as Spain's first Gothic cathedral, and the famous Casas Colgadas (hanging houses), suspended from sheer cliffs overlooking the Huécar river. Taking full advantage of its location, the city towers above the magnificent countryside.

On 1996, Cuenca was named World Heritage Site by UNESCO, thanks to the excellent preservation of such an original urban landscape like this medieval fortress, and its rich collection of civil and religious architecture from the 12th to the 18th centuries. To this they added that the city features an exceptional personality, being perfectly integrated into the marvellous natural landscape that surrounds it.

WHY CUENCA? 10 REASONS WHY TO VISIT CUENCA





01

Cuenca is a lively city

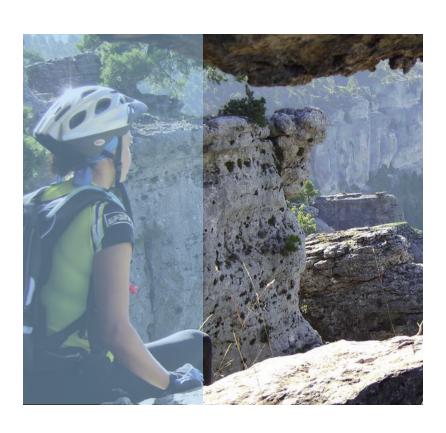
Cuenca is the capital of the province. It is a very lively, typically Spanish city with a lot to offer. As it is the only city between Madrid and Valencia, all the province's services are concentrated here. It is the life of the province. Shopping centres, theatres, cinemas, clubs... Cuenca is home to 50,000 inhabitants.



03

Spanish Tourism

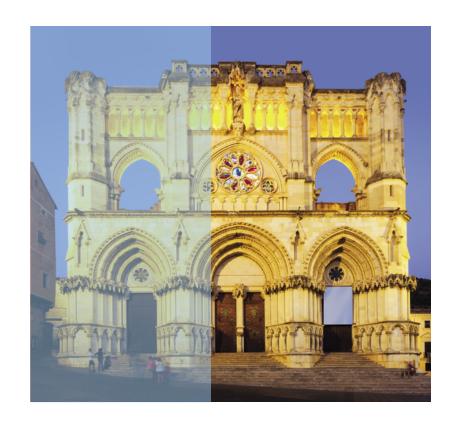
In Cuenca there are almost no foreign tourists, but the city is a favourite of Spanish tourists, overall because of its comfortable summer climate (1000 meters above sea level), which makes sitting out on the city's wterraces quite inviting. Conquenses are a very open people and are always happy to chat with foreigners visiting the city.



02

Surrounded by nature

Cuenca is surrounded by nature, enclosed by pine forests, mountains, canyons, lakes, ponds, and rivers to take a swim or practice sport in. Mountain biking, horseback riding, canyoning, caving, climbing, kayaking.



04

World Heritage

Cuenca and its canyons were declared a World Heritage site in 1997, and the city is well connected to other cities by the AVE high-speed train and expressway.

WHY CUENCA? 10 REASONS WHY TO VISIT CUENCA





05

Experience

With more than 48 years experience in universities, schools, businesses and banks, an efficient language school has been developed, giving priority to didactical and pedagogical aspects.



07

Spanish Participants

At the academy there are also Spanish students, who are invited to participate in the activities organized for foreign students every afternoon. This way, from day one there is the possibility to have contact with and talk to Spaniards, to make friends and to learn about daily life.



06

Family Atmosphere

Trivium is an academy with a family atmosphere and an emphasis on personal treatment. That is how we attend to all of our students, not only day-to-day, but also during extracurricular activities, in their accommodations, or when there is a problem that needs to be solved quickly and effectively, so that we can guarantee you have a perfect, pleasant stay with us.



08

Accommodation and Services

Accommodation with a family, in a shared flat, in a flat or in a hotel. Airport transfer. Daycare centres for families with children. Help with planning. Round the clock medical assistance insurance.

WHY CUENCA? 10 REASONS WHY TO VISIT CUENCA





09

Activities every afternoon

Every afternoon we organize guided activities such as walks, visits to museums and the cinema, swimming outings to lakes and rivers, and going out and dining together. We like to highlight activities such as the Spanish Museum of Abstract Art Workshop, a visit to the city's tunnels, tapas bar hopping, gymkhanas, etc.



10

Officials exams

Trivium offers you the opportunity to certify your level of spanish with SIELE and to certify your level of English, Spanish, German and French through BULATS (Business Language Testing Services).



THE TRIVIUM CUENCA CENTRE





Participant Identification Code: 922043201

The language school was founded in 1975. Being these Spanish courses for foreigners, one of the oldest in Spain and the first in Castilla La Mancha. The first course was held on July 6, 1975 with 18 foreign students, since then thousands of Spanish and foreign students have passed through our classrooms to learn a language and learn about other cultures.



ASOCIACIÓN DE ESPAÑOL PARA
EXTRANJEROS EN CASTILLA - LA MANCHA

The school is located in the centre of town in a building of classical design. The classrooms are big and very bright and they all face one of the most centric streets in Cuenca. Our facilities are entirely at the disposal of our students. Among these we should mention: Our LIBRARY with more then 5.000 books and DVDs, where students can study, read and do their homework in a quiet environment. Video library with TV and DVD players, Computer room with internet access. In the entrance courtyard you will be able to spend time socialising and making friends with the Spanish students enrolled at our centre.



WHAT COURSE IS RIGHT FOR ME? | SPANISH COURSES

Agrements with colleges, institutes and universities

¿What course is right for me?







Group courses

School - Colleges - Institutes - Universities



Summer courses

Classes - Activities Accommodation with families



Course with interships

School - Colleges - Institutes - ERASMUS +



Spanish Online

School - Colleges - Adults



Intensive Spanish courses

All year round. All leves. All ages.



Specific courses

Business Spanish - Spanish for Tourism



Private lessons

Universitites - Professionals - 60+



Study Abroad Program

In Spain from the capital to the coast



Teacher training

Teacher - Teacher education



Study Abroad Program

La Habana - Cuba











01

CANYONING - RIDING - KAYAKING AND MUCH MORE

Cuenca's natural surroundings make it the ideal spot to practice all types of sports and activities. The majority of sports can be practiced right in the city or in the immediate vicinity. The prices shown are given as a guide, but may vary depending on the season or on the organisation chosen to carry out the activity.

We help students organise activities and find the best companies.

02

CYCLING (mountain or road Biking)

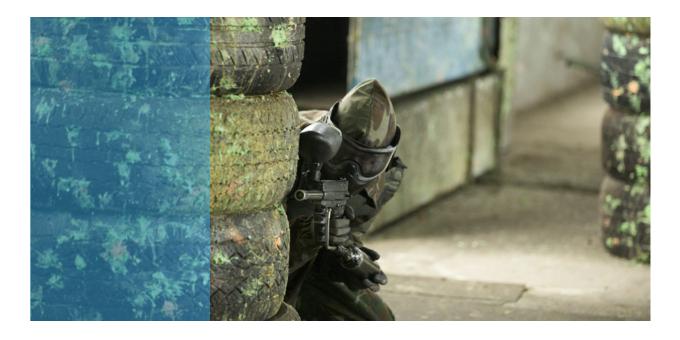
There are hundreds of routes and paths for all types of cyclists in the city and in the province as a whole. You can choose to travel in the mountains or in valleys, through the hills or on the road. We can tell you where the best routes are so that you can experience the unique nature surrounding Cuenca.

03

QUAD

There are quad routes in the mountains, the valleys or in the countryside. A professional guide accompanies students at every moment. Insurance, transportation and special equipment are included in the price.









04

PAINTBALL

Many companies offer paintball, and so you can choose to play in many different areas in the countryside surrounding Cuenca.

05

INDOOR AND OUTDOOR POOLS

In summer, you can swim in the rivers, ponds, lakes and reservoirs located throughout the province, but you will also have the opportunity to swim in the 3 indoor or various outdoor pools located throughout the city.

06

DIVING

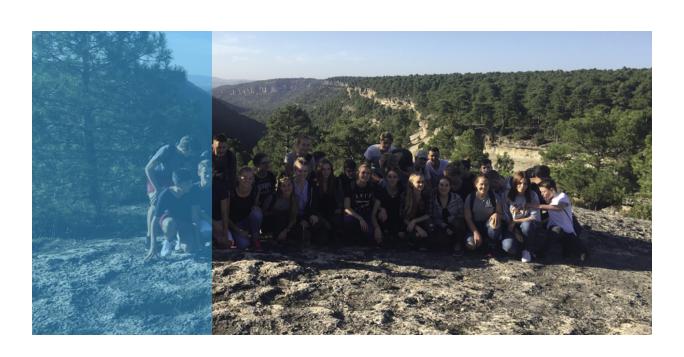
Canyons, valleys, rivers, ponds, reservoirs and lakes surround Cuenca and the province of Cuenca. Some companies offer diving excursions in different places. A professional guide accompanies students at every moment. Insurance, transportation and special equipment are included.











GOLF 18 Hole Golf Course, located in the town of Villar de Olalla, just 5 km from Cuenca.

HORSEBACK RIDING

It is possible to go horseback riding at the equestrian sports club in Cuenca or in the countryside. Many companies offer longer routes through the mountains surrounding Cuenca by way of streams, hills and valleys. A professional guide accompanies students at every moment.Insurance, transportation and special equipment are included in the price.

HIKING AND RUNNING

Just like for cycling, there are innumerable routes to hike, run or simply walk along. There are routes that start off directly in the city, and more throughout the region, with varying levels of difficulty.









10

CANYONING

Canyoning in the River Júcar, traveling downstream through the canyons and waterfalls, is an unforgettable experience for everyone. Students are picked up in Cuenca and transported to "Villalba", or the Júcar Canyon.

A professional guide accompanies students at every moment. Insurance, transportation and special equipment are included.

11

CAVING

Cuenca is one of the Spanish provinces in which the most caves can be found. The region was formed by limestone, which erodes in water and, above all, in abrupt temperature changes. Some of the caves in the area are up to 5km long.

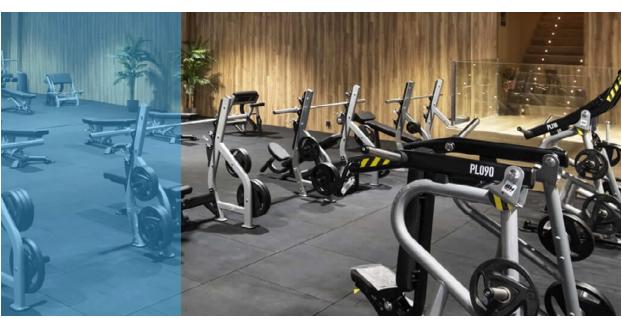
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ULTRALIGHT AVIATION

The small airfield in Cuenca and some other areas offer the opportunity to fly an ultralight aircraft.









CLIMBING

Climbers from all over the world recognize Cuenca as a celebrated climbing spot; it is considered to be one of the top 20 places to climb internationally. There are countless cliffs facing the city and both canyons. Climbing routes have been marked off, and local climbers can give you more information.

14

FITNESS CENTER

Different possibilities, please ask in the Administration.

Special prices with Sun Sport Cuenca.

Calle de Ramón y Cajal, 39

15

KAYAK

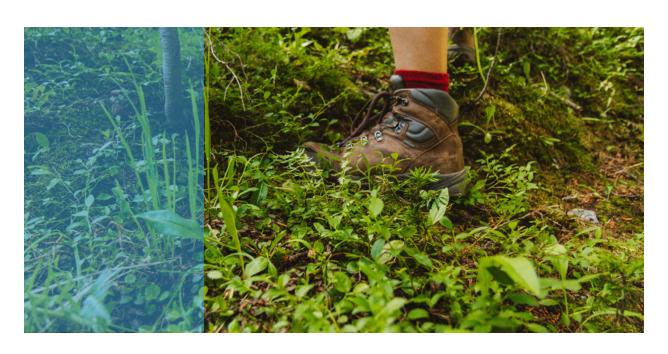
It is possible to canoe or kayak in the River, travelling downstream by way of the canyons and waterfalls or gliding along on the reservoir. Students are picked up in Cuenca and transported to the Júcar Canon. A professional guide accompanies students at every moment. Insurance, transportation and special equipment are included in the price.











FOOTBALL AND SPORTS

In Cuenca, there are many football fields and sports facilities, the majority of which are free to use. Many of our Spanish students are members of sports clubs or associations and they can help you find a place to play. For other sports such as tennis or golf, it is possible to rent a court or get out on a course for a reasonable price.

AIR BALLOON RIDE

Hot air balloon ride over the World Heritage City Cuenca, a unique and unforgettable experience.

TREKKING OR **RUNNING**

Just like for cycling, there are innumerable routes to hike, run or simply walk along. There are routes that start off directly in the city, and more throughout the region, with varying levels of difficulty.



Full weekend excursions with Trivium

Full weekend excursions (2 or 3 days).

A teacher from the academy always accompanies the group.









01

MADRID Weekend trips

We organise weekend excursions to Madrid with transport, guided tours, flamenco shows, tapas, accommodation and much more. We adapt to your budget. Cuenca and Madrid are well connected by expressway (A40), by the AVE, or high-speed train, which takes 50 minutes and by the regional train, a more economic form a travel, which takes just over 2 hours. There are also regular coach bus lines between the cities, with buses departing every 2 hours.

02

VALENCIA Weekend trips

We organise weekend trips to Valencia (with 1 or 2 nights). Transport, guided tour, paella, monuments, tapas, accommodation, bike rental and much more. We adapt to your budget.

The AVE, or high-speed train, can take you from Cuenca to Valencia (and the beach) in 55 minutes. Coach buses and the regional train also travel between the cities. Half of the journey can also be made on Expressway A3.

03

TOLEDO

Toledo is just 2 hours from Cuenca. The best way to get there is via Expressway A40. We recommend that you visit it during the week. Transport, visit to the main monuments, guided tour, food and much more. We adapt to your budget.

Full weekend excursions with Trivium

Full weekend excursions (2 or 3 days). A teacher from the academy always accompanies the group.











ALBARRACÍN

Situated in the Aragón region and belonging to the Teruel province, this impressive city was built of red sandstone. During the trip from Cuenca to Albarracín, you will pass through a unique landscape until you arrive at the source of the River Tajo.

CÓRDOBA

Daily AVEs (high-speed trains) leave and travel direct from Cuenca to Córdoba. The trip takes 2 hours. We recommend spending an entire weekend there.

SEVILLE

Daily AVEs (high-speed trains) leave and travel direct from Cuenca to Seville. The trip takes 3 hours. We recommend spending an entire weekend there.

Excursions with Trivium in the afternoon

Every afternoon we offer activities, which are included in the price, and we invite our Spanish students to participate as well. A teacher from the academy always accompanies the group. Transportation to some places and the price of entrance are not always included. Activities vary depending on the weather.











BELMONTE CASTLE AND MILLS

The castle at Belmonte has recently been restored and can be found just 70km from Cuenca. The castle has a long history and has served many purposes, including as a filming location.

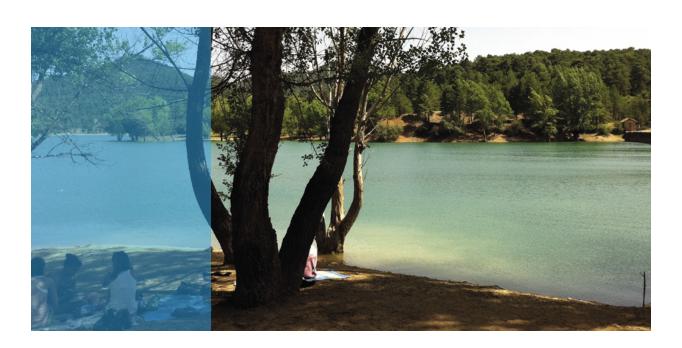
ROMAN CITIES

There are many Roman cities in the province, including Valeria, Ercávica and Segóbriga.

CERRO DEL SOCORRO

The Cerro del Socorro (Hill of Assistance) is one of the hills that surround the city of Cuenca. From the top there are incredible views of the whole city and the two canyons. It is a perfect place to have a picnic or see sunrise or sunset.









THE TOBA DAM

One of the most important dams of the region, the Toba Dam is about 40km from Cuenca. The dam is some 1,200 meters high. There are different places in the surrounding area to swim or walk.

05

CIUDAD ENCANTADA

The Ciudad Encantada (Enchanted City) is a natural tourism site in the mountains of Cuenca. Here you can see monumental limestone rock formations created by nature itself. We will also explore a cave and cross through the mountainside to see some incredible views.

06

CUENCA'S ARTIFICIAL BEACH

Cuenca's artificial beach can be found in the lower part of the city in the Júcar Canyon, some 2km from Cuenca. You can swim in the river or in the pool. The beach has a picnic area, a restaurant and kayaks and rowboats available to rent. Above the beach you can see the "Old City" of Cuenca.









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08

VALVERDE DELJÚCAR

Another swimming hole is the Valverde del Júcar Dam, one of the largest dams in Spain. It is possible to rent sailboats, kayaks and much more at reasonable prices.

09

CAÑAMARES ARTIFICIAL BEACH

The town of Cañamares can be found along the road to Guadalajara. Here, the river forms a small dam and it is possible to go swimming at the artificial beach.









GUIDED TOUR OF THE CITY

At the initiation of each course we provide students with a guided tour of the Canyon and the "Old City" of Cuenca so that they can familiarize themselves with the architecture and history of Cuenca and the Castilla-La Mancha region. For school groups we also organize gymkhanas.

11

LEGENDS NIGHT WALK

During this nighttime walk with both foreign and Spanish students, you will learn about the most interesting legends of Cuenca while standing in the exact places where they supposedly took place. In this activity, as in all of our activities, we aim to integrate all of the students participating in the different academy courses.

12

TAPAS OR PAELLA

We have lunches and dinners with all of our students in local restaurants, so that the students can experience Spanish gastronomy.



Concerts | Theater | Museums | Cinemas | Live

We offer year-round cultural activities. Here you will find a small offering of the possibilities. Download a list of activities on our webpage.

Consult the <u>Trivium library</u> online, with more than 5,000 books and 250 films to borrow.









One of the most important collections of abstract art in the world, which can be found in the Cuenca's Hanging Houses and attached museum, belongs to the Juan March Foundation. After an explanatory tour organized by the museum, you can also gain practical knowledge in a museum workshop.



SCIENCE MUSEUM

The Science Museum has a collection of fossils from the Las Hoyas paleontological site, projections in its planetarium, and a walking tour through the history of astronomy and evolution among many other interesting exhibits.

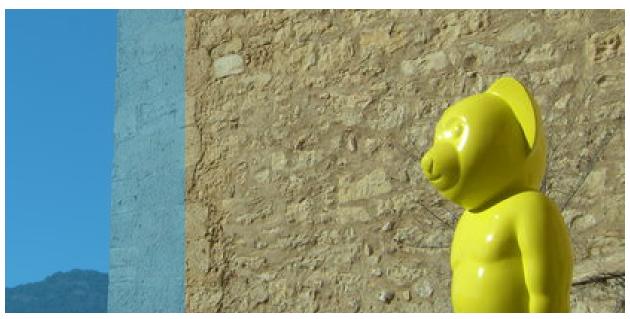


MUSEUM OF PALEONTOLOGY

The Museum Ars Natura integrates a wide variety of ecosystems. Center of interpretation of nature. Another part is dedicated to paleontology.









SAN MATEO

San Mateo is the most popular of the Conquense festivals, and you can join a "peña", or group of friends, to celebrate the 4 days of festivities. Last day 21 of september.

05

FOUNDATION ANTONIO PÉREZ

In the Convent of the Carmelitas

Descalzas, you can see collector and
editor Antonio Pérez's ample personal
collection. Along with the "lost objects",
you can enjoy the beautiful views or
simply admire the architecture of the
building.

06

ROBERTO POLO'S COLLECTION

Modern and Contemporary Art Center of Castilla-La Mancha, located in the old church of Santa Cruz. 107 works by 60 international artists are exhibited showing the European historical avant-gardes.









CONCERTS AND THEATRE IN THE AUDITORIUM

At the Cuenca Auditorium Theater throughout the year we will be able to find the most varied and high quality performances. Concerts and theatre. 08

LIVE STREET PERFORMANCES

During the summer you can enjoy a number of diverse musical or theatrical performances in bars or in the streets and small squares of the "Old City".

09

MUSEUM PROVINCIAL DE CUENCA

The museum's walking tour starts with Prehistory, and you can see pieces of ceramic and utensils found here in the province of Cuenca. You can also see works from the Roman period, discovered in cities like Segóbriga, Valeria, and Ercávica, as well as objects from other cultures.







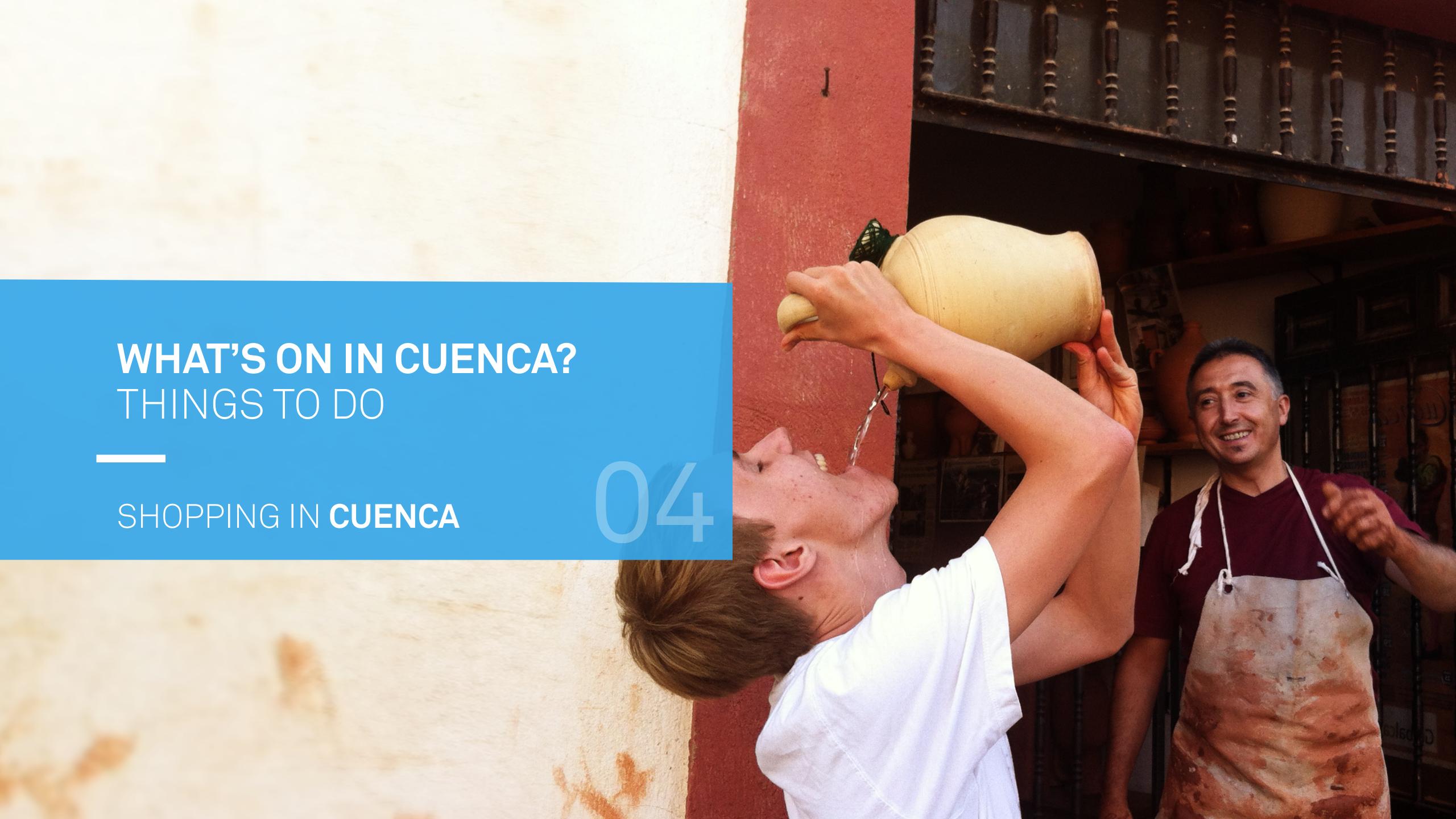
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SAN JULIÁN FAIR

During Cuenca's San Julián Fair, celebrated in second half of August, the city teems with Spanish tourists who come to enjoy the attractions and the fresh nights of Cuenca's summer. 11

WEEK OF RELIGIOUS MUSIC OF CUENCA

Semana de Música Religiosa de Cuenca, Counts every year with important orchestras and interpreters of international rele



A small selection of the places to shop. There are stores with unique fashions and international brands such as Zara, Benetton, Mango, Bershka, etc. But, above all, you will find a great number of shoe shops due to Cuenca's close proximity to Valencia and Alicante, two of the most important textile and footwear industrial zones.



01

ZONE PLAZA MAYOR

All over the "Old City" area you will be able to find small craft shops.

Handicrafts or products of the region. There are also shops in the museums with great variety of artistic objects.



03

The main shopping centre in the province with international brands.

Mall

EL MIRADOR

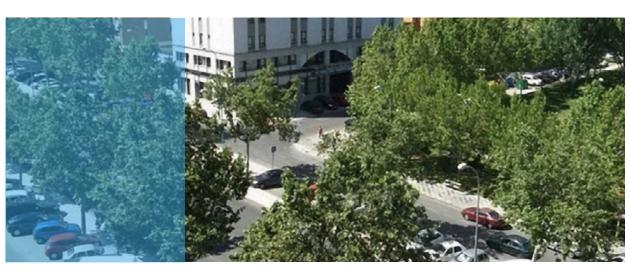


02

SHOPPING AREA: CARRETERÍA

Stores and coffee shops

On the busiest and most important street in Cuenca. Stores, restaurants, ice cream shops, banks and much more. It is a pedestrian street that crosses through Cuenca, starting at Constitution Plaza and ending at Hispanidad Plaza.

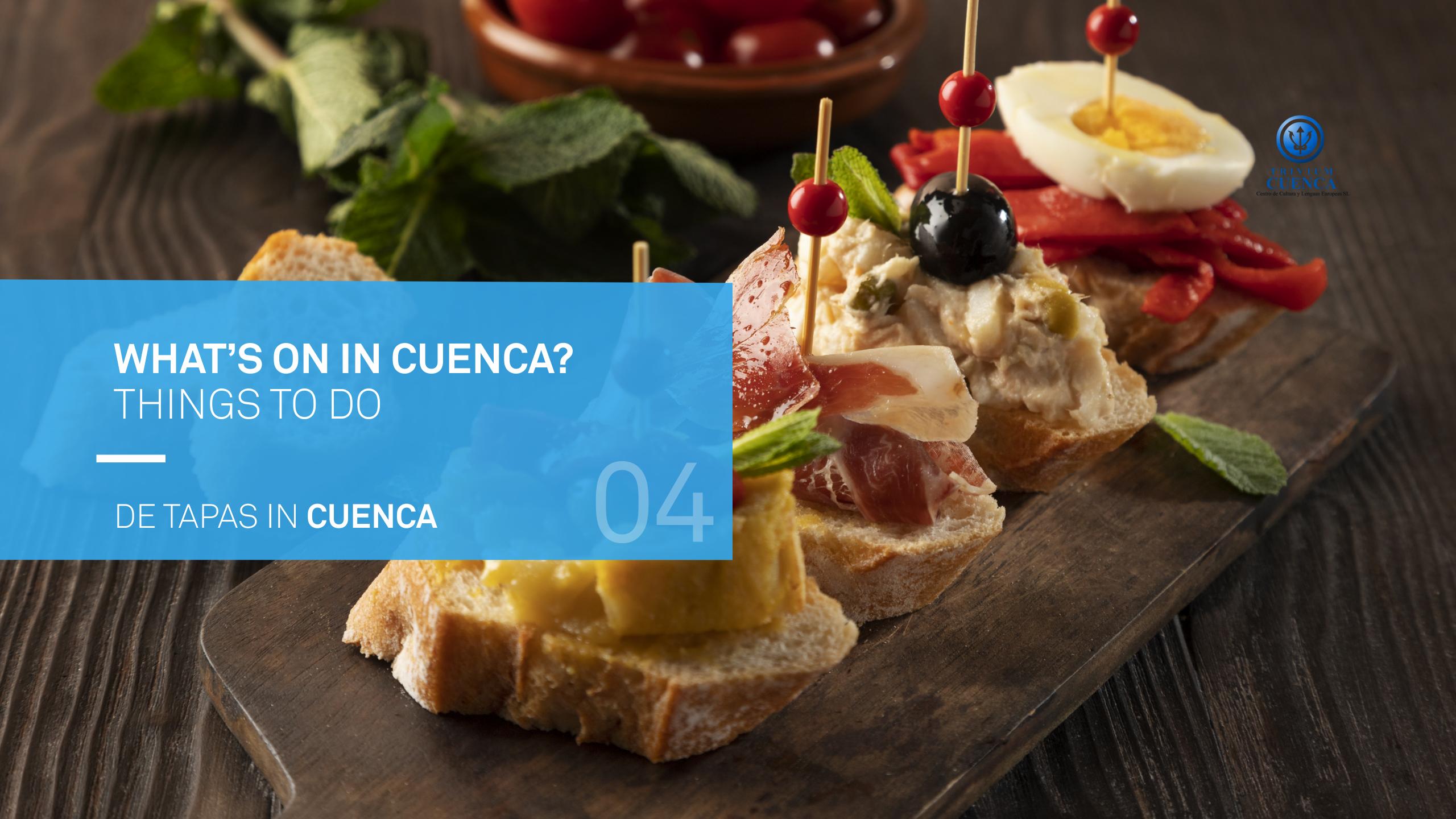


04

SHOPPING ZONE
FERMIN CABALLERO

Differnt stores

This area is an extension of Carretería Street and is the most modern zone in Cuenca.



Great variety of tapas and restaurants

Cuenca has a long-standing tradition of serving elaborate tapas in its bars and restaurants. Many bars compete for the honor of having the best tapas.



O1 CHURROS WITH CHOCOLATE



During Cuenca's San Julián Fair, celebrated in second half of August, the city teems with Spanish tourists who come to enjoy the attractions and the fresh nights of Cuenca's summer. 02

TAPAS WEEK

Celebrated in San Julián Park in July, here you can try tapas from 25 different restaurants.



Barrio del Castillo.

An area of the city that has everything, but now has even more restaurants and bars which are especially popular at night.



Cuesta de San Francisco.

Along the hill that is San Francisco Street, you will find more than 20 bars that serve varied, delicious tapas.



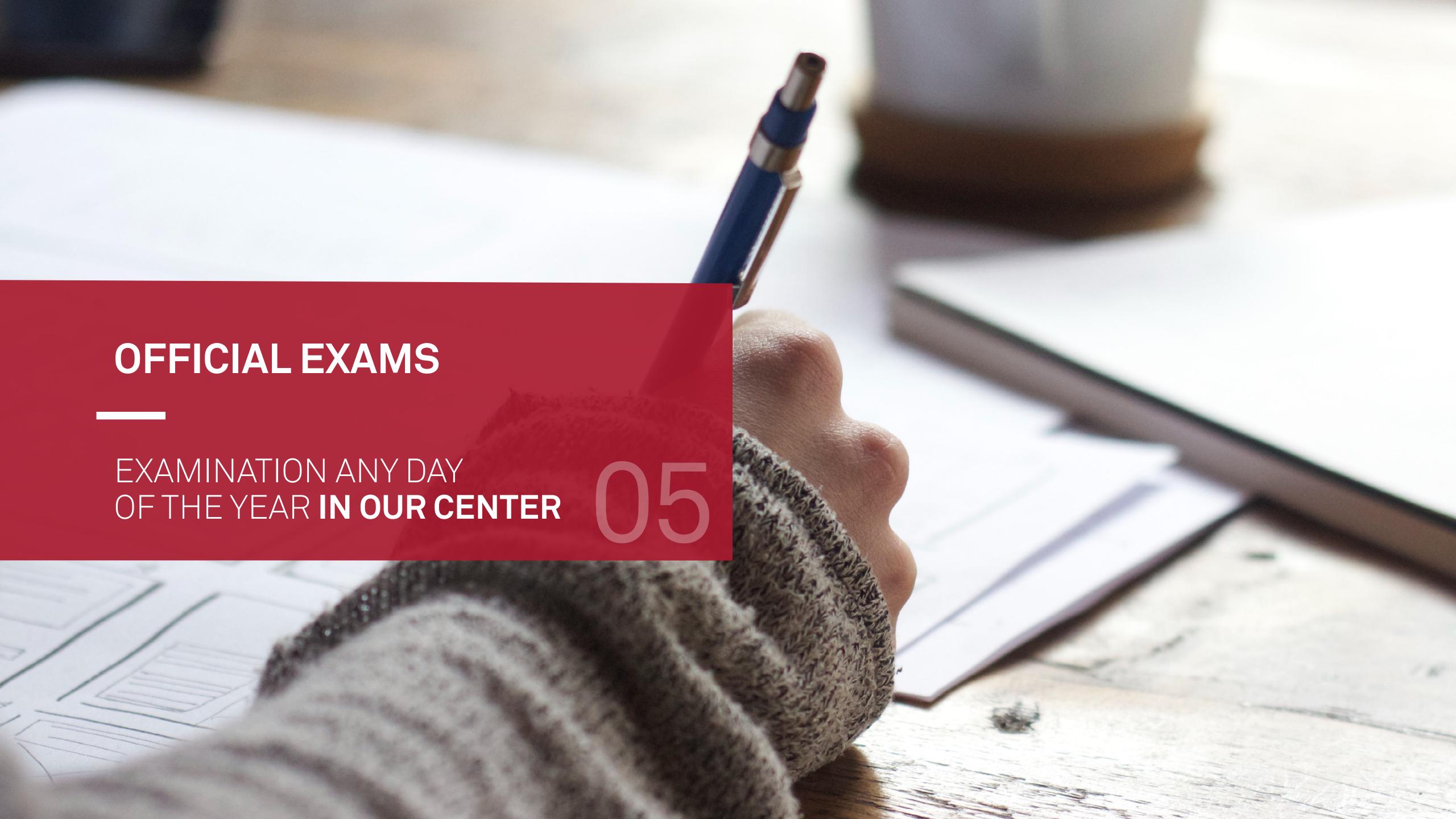
Plaza Princesa Zaida.

Some 10 bars can be found surrounding this area.



Plaza Mayor.

Diferent prices. An area of the city that has everything, but now has even more restaurants and bars whose terraces are popular both at dusk and at night.



OFFICIAL EXAMS ANY DAY OF THE YEAR





What is SIELE?

SIELE is the International Service for Spanish Language Assessment, aimed at students and professionals, which digitally certifies Spanish language proficiency levels.

It is promoted by the Cervantes Institute, the National Autonomous University of Mexico, the University of Salamanca and the University of Buenos Aires. These institutions guarantee the standards for quality and good practices in the creation of the tests and the use of diverse linguistic varieties of the Hispanic world.

https://siele.org/

Trivium Associated Institution:

SIELE International Service for Spanish Language Assessment





THE TRIVIUM **TEAM**



BLANCA OLARIETA LÓPEZ

Coordinadora académica desde 1999



Licenciatura en Filología Románica (Literaturas Hispánicas, Lenguas y Culturas). (Tesina: "El papel de la mujer en las obras contemporáneas de Benito Pérez Galdós").

Asignaturas secundarias:

- Literatura Italiana, Lengua y Cultura,
- Psicoanálisis, por la Universidad de Johan - Wolfgang von Goethe en Frankfurt/M. (Alemania), 1994.

Otros méritos:

- Formación para profesores de ELE. (UCLM - Magisterio, Campus de Cuenca)
- Coordinadora del centro en los Programas Europeos Sokrates.
- Coordinadora del Centro en el Programa Europeo "Project Allegro" (UCLM)
- Colaboración en diferentes publicaciones de GOG, ediciones Lengua Española.

GERMÁN OLARIETA LÓPEZ

Director/Administrador desde 1997.



Licenciatura en Filología Clásica y Arte. Pedagogía del Arte.

Asignaturas secundarias:

• Filología Románica (Literaturas Hispánicas, Lenguas y Culturas).

Otros méritos:

- Estudios de Teatro, Cine y
 Televisión por la Universidad de
 Johan Wolfgang von Goethe en
 Frankfurt/M. (Alemania), 1994.
- Coordinador de los programas europeos ERASMUS plus.
- En la actualidad presidente de la Asociación de Español para Extranjeros en Castilla - La Mancha.



¡Ven a visitarnos, forma parte de Trivium!



Calle Sánchez Vera 13, 1° (Entrada por detrás) 16002 Cuenca

info@trivium-cuenca.com Telf.: 969 23 50 75 Móvil: 620 27 98 98